

SAMPLE Graduated Return to Work Schedule

DAYS	HOURS	COMMENTS
<u>Week One:</u> 2 days (Mon, Wed)	4 hours per day	No additional hours this week
<u>Week Two:</u> 3 days (Mon, Wed, Fri)	4 hours per day	No additional hours this week
<u>Week Three:</u> 3 days (Mon, Wed, Fri)	4 hours per day	No additional hours this week
<u>Week Four:</u> 3 days (Mon, Wed, Fri)	6 hours per day	No additional hours this week
<u>Week Five:</u> 3 days (Mon, Wed, Fri)	6 hours per day	No additional hours this week
<u>Week Six:</u> 4 days (Mon, Tue, Wed, Fri)	6 hours per day	No additional hours this week
<u>Week Seven:</u> 4 days (Mon, Tue, Wed, Fri)	8 hours per day	<i>Additional hours if ready</i>
<u>Week Eight:</u> 5 days* (Mon, Tues, Wed, Thu, Fri)	8 hours per day *4 hours Thu	<i>Additional hours if ready</i>
<u>Week Nine:</u> Resumption of regular hours	8 hours per day	<i>Regular schedule</i>